



# Bereavement **well-being** group

If you are bereaved and would like to meet other people who understand what you are going through; come and join us at our drop-in well-being support group at Telscombe Civic Centre.

## Contact us



08081 691922



[info@bereavementcare.uk](mailto:info@bereavementcare.uk)



[bereavementcare.uk](http://bereavementcare.uk)

**2nd Wednesday  
of every month  
10am - 12pm**

Telscombe Civic Centre, 360 South Coast  
Road, Telscombe Cliffs, Peacehaven BN10 7ES