

## Bereavement well-being group

If you are bereaved and would like to meet other people in the Brighton & Hove area who understand what you are going through; come and join us at our well-being support group.



- 08081 691922
- bereavementcare.uk

Last Thursday of every month 1.30 - 2.30pm

Patching Lodge,
Park Street, Brighton,
BN2 0AQ